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Competencies for Substance Abuse Treatment Clinical Supervisors (tap 21-a). Addiction Counseling Competencies Intervention Treatment and Recovery Clinical Supervision in Alcohol and Drug Abuse Counseling TIP 35: Enhancing Motivation for Change in Substance Use Disorder Treatment (Updated 2019) Clinical Supervision and Professional Development of the Substance Abuse Counselor Addictions Counseling Seeking Safety Natural Selection in the Wild. (MPB-21), Volume 21 Global Criteria Tap 21 Speak Like Churchill, Stand Like Lincoln Enough Already! Substance Use Disorders in the U.S. Armed Forces The Little Book of Plagiarism My Weird School 21-Book Box Set The Addiction Recovery Skills Workbook Gratitude Works! 21 Lessons for the 21st Century Comprehensive Case Management for Substance Abuse Treatment - TIP 27 Linear Algebra FIREBOAT Spinal Tap No Holds Barred Fighting: The Book of Essential Submissions Clinical Supervision and Professional Development of the Substance Abuse Counselor: Treatment Improvement Protocol Series (TIP 52) The Berenstain Bears: Hospital Friends Optimal Control Theory The Psychology of Money Screening and Assessing Adolescents for Substance Use Disorders The Wisdom to Know the Difference Hitchcock The Little Book of Talent Little Kids First Big Book of Space An Argument Open to All How to Write a Movie in 21 Days Global Criteria Doing Race 21-Day Keto Magic Pharmako-AI Create This Book

Competencies for Substance Abuse Treatment Clinical Supervisors (tap 21-a). 2013 the book every addiction counselor should have

Addiction Counseling Competencies 2011 the perfect handbook for the clinical supervisor nancy waite o brien director education and training betty ford center an outstanding contribution to the professional well being of the addiction field thomas mcgovern editor addiction treatment quarterly forever useful s beckett education and training coordinator national association of alcohol and drug abuse counselors

Intervention Treatment and Recovery 2016-03-21 motivation is key to substance use behavior change counselors can support clients movement toward positive changes in their substance use by identifying and enhancing motivation that already exists motivational approaches are based on the principles of person centered counseling counselors use of empathy not authority and power is key to enhancing clients motivation to change clients are experts in their own recovery from substances counselors should engage them in collaborative partnerships ambivalence about change is normal resistance to change is an expression of ambivalence about change not a client trait or characteristic confrontational approaches increase client resistance and discord in the counseling relationship motivational approaches explore ambivalence in a nonjudgmental and compassionate way

Clinical Supervision in Alcohol and Drug Abuse Counseling 2007-07-20 clinical supervision cs is emerging as the crucible in which counselors acquire knowledge and skills for the substance abuse sa treatment profession providing a bridge between the classroom and the clinic supervision is necessary in the sa treatment field to improve client care develop the professionalism of clinical personnel and maintain ethical standards contents of this report 1 cs and professional development of the sa counselor basic info about cs in the sa treatment field presents the how to of cs 2 an implementation guide for administrators will help administrators understand the benefits and rationale behind providing cs for their programs sa counselors provides tools for making the tasks associated with implementing a cs system easier illustrations

TIP 35: Enhancing Motivation for Change in Substance Use Disorder Treatment (Updated 2019) 2019-11-19 written by authors with extensive experience as practitioners and educators this text serves as a straightforward resource for undergraduate and graduate students who have a goal of becoming counselors or therapists in the field of addiction while many books on the subject follow a similar format i.e. introduction classification of drugs theories of counseling etc addictions counseling takes one client and follows her through the entire treatment experience from referral and assessment all the way through relapse prevention and discharge planning in following her through the treatment journey readers are introduced to theories and techniques for approaching each of the topics discussed this book is a must read for anybody interested in pursuing a career as an addiction specialist

Clinical Supervision and Professional Development of the Substance Abuse Counselor 2010-08 this manual presents the first empirically studied integrative treatment approach developed specifically for co-occurring PTSD and substance abuse for persons with this prevalent and difficult to treat dual diagnosis the most urgent clinical need is to establish safety to work toward

discontinuing substance use letting go of dangerous relationships and gaining control over such extreme symptoms as dissociation and self harm the manual is divided into 25 specific units or topics addressing a range of different cognitive behavioral and interpersonal domains each topic provides highly practical tools and techniques to engage patients in treatment teach safe coping skills that apply to both disorders and restore ideals that have been lost including respect care protection and healing structured yet flexible topics can be conducted in any order and in a range of different formats and settings the volume is designed for maximum ease of use with a large size format and helpful reproducible therapist sheets and handouts which purchasers can also download and print at the companion webpage see also the author s self help guide finding your best self revised edition recovery from addiction trauma or both an ideal client recommendation

Addictions Counseling 2019-01-04 natural selection is an immense and important subject yet there have been few attempts to summarize its effects on natural populations and fewer still which discuss the problems of working with natural selection in the wild these are the purposes of john endler s book in it he discusses the methods and problems involved in the demonstration and measurement of natural selection presents the critical evidence for its existence and places it in an evolutionary perspective professor endler finds that there are a remarkable number of direct demonstrations of selection in a wide variety of animals and plants the distribution of observed magnitudes of selection in natural populations is surprisingly broad and it overlaps extensively the range of values found in artificial selection he argues that the common assumption that selection is usually weak in natural populations is no longer tenable but that natural selection is only one component of the process of evolution natural selection can explain the change of frequencies of variants but not their origins

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Natural Selection in the Wild. (MPB-21), Volume 21 2020-03-31 turn any presentation into a landmark occasion i love this book i ve followed humes s lessons for years and he combines them all into one compact hard hitting resource get this book on your desk now chris matthews hardball ever wish you could captivate your boardroom with the opening line of your presentation like winston churchill in his most memorable speeches or want to command attention by looming larger than life before your audience much like abraham lincoln when standing erect and wearing a top hat he towered over seven feet now you can master presentation skills wow your audience and shoot up the corporate ladder by unlocking the secrets of history s greatest speakers

author historian and world renowned speaker james c humes who wrote speeches for five american presidents shows you how great leaders through the ages used simple yet incredibly effective tricks to speak persuade and win throngs of fans and followers inside you ll discover how napoleon bonaparte mastered the use of the pregnant pause to grab attention how lady margaret thatcher punctuated her most serious speeches with the use of subtle props how ronald reagan could win even the most hostile crowd with carefully timed wit and much much more whether you re addressing a small nation or a large staff meeting you ll want to master the tips and tricks in speak like churchill stand like lincoln

Global Criteria 2012 enough already is an easy read that educates alcoholics and addicts on precisely what to do to get and stay sober after learning about the disease of alcoholism addiction and time tested tools of recovery the reader is introduced to relapse prevention strategies the 12 steps of alcoholics anonymous and other 12 step programs and coping skills to deal with uncomfortable emotions that often lead to drug and alcohol use this is followed by specific instructions on how to get started in recovery and a final inspiring chapter entitled the miracle having years of sobriety and experience in the field of chemical dependency bob presents the information in this book drawing from personal and professional perspectives therefore the reader learns the principles of sobriety and how to apply them in daily living through bob s candid self disclosure a unique quality of this book

Tap 21 2015-02-16 problems stemming from the misuse and abuse of alcohol and other drugs are by no means a new phenomenon although the face of the issues has changed in recent years national trends indicate substantial increases in the abuse of prescription medications these increases are particularly prominent within the military a population that also continues to experience long standing issues with alcohol abuse the problem of substance abuse within the military has come under new scrutiny in the context of the two concurrent wars in which the united states has been engaged during the past decade in afghanistan operation enduring freedom and iraq operation iraqi freedom and operation new dawn increasing rates of alcohol and other drug misuse adversely affect military readiness family readiness and safety thereby posing a significant public health problem for the department of defense dod to better understand this problem dod requested that the institute of medicine iom assess the adequacy of current protocols in place across dod and the different branches of the military pertaining to the prevention screening diagnosis and treatment of substance use disorders suds substance use disorders in the u s armed forces reviews the iom s task of assessing access to sud care for service members members of the national guard and reserves and military dependents as well as the education and credentialing of sud care providers and offers specific recommendations to dod on where and how improvements in these areas could be made

Speak Like Churchill, Stand Like Lincoln 2009-02-19 a concise lively and bracing exploration of an issue bedeviling our cultural landscape plagiarism in literature academia music art and film by one of our most influential and controversial legal scholars best selling novelists j k rowling and dan brown popular historians doris kearns goodwin and stephen ambrose harvard law professor charles ogletree first novelist kaavya viswanathan all have rightly or wrongly been accused of plagiarism theft of intellectual property provoking widespread media punditry but what exactly is plagiarism how has the meaning of this notoriously ambiguous

term changed over time as a consequence of historical and cultural transformations is the practice on the rise or just more easily detectable by technological advances how does the current market for expressive goods inform our own understanding of plagiarism is there really such a thing as cryptomnesia the unconscious unintentional appropriation of another's work what are the mysterious motives and curious excuses of plagiarists what forms of punishment and absolution does this sin elicit what is the good in certain types of plagiarism provocative insightful and extraordinary for its clarity and forthrightness the little book of plagiarism is an analytical tour de force in small the work of one of the top twenty legal thinkers in america legal affairs a distinguished jurist renowned for his adventuresome intellect and daring iconoclasm

Enough Already! 2005 a box set of all 21 of the my weird school titles

Substance Use Disorders in the U.S. Armed Forces 2013-03-21 an association for behavioral and cognitive therapies abct self help book recommendation winner of the 4th international beverly hills book awards in the category of addiction recovery is your addiction taking control of your life this book provides an integrative seven step program to help you finally overcome drug and alcohol addiction once and for all if you struggle with addiction seeking treatment is a powerful positive first step toward eventual recovery but gaining an understanding of the causes of addiction such as feelings of helplessness or loss of control is also crucial for recovery in this book addiction expert suzette glasner edwards offers evidence based techniques fusing cognitive behavioral therapy cbt motivational interviewing and mindfulness based relapse prevention to help you move past your addictive behaviors on the long road to addiction recovery you need as many tools as possible to help you stay sober and reach your destination that's why this is the first book to combine research proven motivational techniques cbt and mindfulness based strategies to help you create your own unique recovery plan the book can be used on its own or as an adjunct to rehab or therapy it also makes a wonderful resource for loved ones and professionals treating addiction if you're ready to take that important first step toward recovery this book can help you beat your addiction and get back to living a full meaningful life

The Little Book of Plagiarism 2009-03-12 a purposeful guide for cultivating gratitude as a way of life recent dramatic advances in our understanding of gratitude have changed the question from does gratitude work to how do we get more of it this book explores evidence based practices in a compelling and accessible way and provides a step by step guide to cultivating gratitude in their lives gratitude works also shows how religious philosophical and spiritual traditions validate the greatest insights of science about gratitude new book from robert emmons the bestselling author of thanks filled with practical tips for fostering gratitude as a way of life includes scientific research as well as religious and philosophical insights to show how gratitude can work in our lives from robert emmons the bestselling author of thanks comes a resource for cultivating a life of gratitude practices

My Weird School 21-Book Box Set 2011-10-11 1 new york times bestseller in sapiens he explored our past in homo deus he looked to our future now one of the most innovative thinkers on the planet turns to the present to make sense of today's most pressing issues fascinating a crucial global conversation about how to take on the problems of the twenty first century bill gates the new york times book review named one of the best books of the year by financial times and pamela paul kqed how do

computers and robots change the meaning of being human how do we deal with the epidemic of fake news are nations and religions still relevant what should we teach our children yuval noah harari s 21 lessons for the 21st century is a probing and visionary investigation into today s most urgent issues as we move into the uncharted territory of the future as technology advances faster than our understanding of it hacking becomes a tactic of war and the world feels more polarized than ever harari addresses the challenge of navigating life in the face of constant and disorienting change and raises the important questions we need to ask ourselves in order to survive in twenty one accessible chapters that are both provocative and profound harari builds on the ideas explored in his previous books untangling political technological social and existential issues and offering advice on how to prepare for a very different future from the world we now live in how can we retain freedom of choice when big data is watching us what will the future workforce look like and how should we ready ourselves for it how should we deal with the threat of terrorism why is liberal democracy in crisis harari s unique ability to make sense of where we have come from and where we are going has captured the imaginations of millions of readers here he invites us to consider values meaning and personal engagement in a world full of noise and uncertainty when we are deluged with irrelevant information clarity is power presenting complex contemporary challenges clearly and accessibly 21 lessons for the 21st century is essential reading if there were such a thing as a required instruction manual for politicians and thought leaders israeli historian yuval noah harari s 21 lessons for the 21st century would deserve serious consideration in this collection of provocative essays harari tackles a daunting array of issues endeavoring to answer a persistent question what is happening in the world today and what is the deep meaning of these events bookpage top pick

The Addiction Recovery Skills Workbook 2015-12-01 case management has been variously classified as a skill group a core function service coordination or a network of friendly neighbors although it defies precise definition case management generally can be described as a coordinated approach to the delivery of health substance abuse mental health and social services linking clients with appropriate services to address specific needs and achieve stated goals the consensus panel that developed this tip believes that case management lends itself to the treatment of substance abuse particularly for clients with other disorders and conditions who require multiple services over extended periods of time and who face difficulty in gaining access to those services this document details the factors that programs should consider as they decide to implement case management or modify their current case management activities this summary is excerpted from the main text in which references to the research appear *Gratitude Works!* 2013-04-01 covers determinants linear spaces systems of linear equations linear functions of a vector argument coordinate transformations the canonical form of the matrix of a linear operator bilinear and quadratic forms and more [21 Lessons for the 21st Century](#) 2019-01-29 a hundred years from now when people want to know what we told our children about 9 11 kalman s book should be among the first answers booklist starred review intelligently conveys those unfathomable events in a way that a picture book audience can comprehend with this inspiring book kalman sensitively handles a difficult subject in an age appropriate manner publishers weekly starred review fireboat does many things it sets forth an adventure helps commemorate an anniversary offers an interesting bit of history celebrates the underdog and honors the fire fighting profession

children and adults will respond to it in as many ways school library journal starred review exciting uplifting and child sensitive revisits the tragedy without the terror and conveys pride without preachiness the bulletin of the center for children s books starred review quintessential new york artist kalman gives us an idiosyncratic but informative look at a big apple institution kalman s use of the events of september 11 is honest and honorable and rarely is she as straightforward as she is here the horn book starred review this is the inspiring true story of the john j harvey a retired new york city fireboat reinstated on september 11 2001 originally launched in 1931 the harvey was the most powerful fireboat of her time after the september 11 attacks with fire hydrants at ground zero inoperable and the hudson river s water supply critical to fighting the blaze the fire department called on the harvey for help there were adjustments forcing water into hoses by jamming soda bottles and wood into nozzles with a sledgehammer and then the fireboat s volunteer crew pumped much needed water to the disaster site the john j harvey proved she was still one of new york s bravest maira kalman brings a new york city icon to life celebrating the energy vitality and hope of a place and its people

Comprehensive Case Management for Substance Abuse Treatment - TIP 27 2019-11-22 includes three inserts with removable facsimile memorabilia

Linear Algebra 2012-04-26 chock full of go to finishing holds and tap outs this action filled guide illustrates how to skillfully perform these essential fighting moves more than 100 high percentage submissions are detailed using sequenced action photographs to help strengthen the wrestling vocabulary of mixed martial arts athletes whether used during competition or on the street these submissions will allow both novice and seasoned no holds barred fighters to hold their own

FIREBOAT 2002-08-05 this tip is divided into three parts that are bound and produced separately clinical supervision and professional development of the substance abuse counselor part 1 is for clinical supervisors it presents basic information about clinical supervision in the substance abuse treatment field it covers the central principles of clinical supervision and guidelines for new supervisors including the functions of a clinical supervisor developmental levels of counselors and clinical supervisors cultural competence ethical and legal issues such as direct and vicarious liability dual relationships and boundary issues informed consent confidentiality and supervisor ethics monitoring clinical performance of counselors and practical issues such as balancing one s clinical and administrative duties finding the time to do clinical supervision documentation and structuring clinical supervision sessions

Spinal Tap 2017 the berenstain bears take a trip to the hospital and get a special tour while brother and sister bear see all the amazing things that happen in the hospital they make new friends along the way young readers will learn about doctors nurses patients and more in this fun and informative 8x8 storybook all of the author s royalties are being contributed to the stan jan berenstain healthy kids foundation a charitable organization devoted to children s health issues

No Holds Barred Fighting: The Book of Essential Submissions 2009-07-01 upper level undergraduate text introduces aspects of optimal control theory dynamic programming pontryagin s minimum principle and numerical techniques for trajectory optimization numerous figures tables solution guide available upon request 1970 edition

Clinical Supervision and Professional Development of the Substance Abuse Counselor: Treatment Improvement Protocol Series (TIP 52) 2013-06-29 doing well with money isn't necessarily about what you know it's about how you behave and behavior is hard to teach even to really smart people money investing personal finance and business decisions is typically taught as a math based field where data and formulas tell us exactly what to do but in the real world people don't make financial decisions on a spreadsheet they make them at the dinner table or in a meeting room where personal history your own unique view of the world ego pride marketing and odd incentives are scrambled together in the psychology of money award winning author morgan house shares 19 short stories exploring the strange ways people think about money and teaches you how to make better sense of one of life's most important topics

The Berenstain Bears: Hospital Friends 2015-04-21 presents information on identifying screening and assessing adolescents who use substances this report focuses on the most current procedures and instruments for detecting substance abuse among adolescents conducting comprehensive assessments and beginning treatment planning presents appropriate strategies and guidelines for screening and assessment explains legal issues concerning federal and state confidentiality laws provides guidance for screening and assessing adolescents in juvenile justice settings summarizes instruments to screen and assess adolescents for substance and general functioning domains

Optimal Control Theory 2012-04-26 grant me the serenity to accept the things i can't change the courage to change the things i can and the wisdom to know the difference maybe you've just started on the road to recovering from addiction or you've tried to stop abusing alcohol or drugs before but haven't been successful perhaps you're making progress in a support group or 12 step program but want to add an approach grounded in science no matter how far you've come how far you still have left to go or which path you've chosen this book can help you end your struggle with addiction the wisdom to know the difference is an addiction recovery workbook based in acceptance and commitment therapy or act research shows that act is a powerful treatment for alcoholism drug addiction depression and other issues and it can be used alone or in combination with any 12 step program on this particular path you'll learn to accept what you can't change about yourself and your past and commit to changing the things you can you'll overcome your addiction by focusing on what you value most like your talents friends career relationships and family there's no need to wait any longer this book will help you find the serenity courage and wisdom it takes to leave substance abuse behind for good

The Psychology of Money 2020-09-08 iconic groundbreaking interviews of alfred hitchcock by film critic françois truffaut providing insight into the cinematic method the history of film and one of the greatest directors of all time in hitchcock film critic françois truffaut presents fifty hours of interviews with alfred hitchcock about the whole of his vast directorial career from his silent movies in great britain to his color films in hollywood the result is a portrait of one of the greatest directors the world has ever known an all round specialist who masterminded everything from the screenplay and the photography to the editing and the soundtrack hitchcock discusses the inspiration behind his films and the art of creating fear and suspense as well as giving strikingly honest assessments of his achievements and failures his doubts and hopes this peek into the brain of one of cinema's

greats is a must read for all film aficionados

Screening and Assessing Adolescents for Substance Use Disorders 2000 a manual for building a faster brain and a better you the little book of talent is an easy to use handbook of scientifically proven field tested methods to improve skills your skills your kids skills your organization s skills in sports music art math and business the product of five years of reporting from the world s greatest talent hotbeds and interviews with successful master coaches it distills the daunting complexity of skill development into 52 clear concise directives whether you re age 10 or 100 whether you re on the sports field or the stage in the classroom or the corner office this is an essential guide for anyone who ever asked how do i get better praise for the little book of talent the little book of talent should be given to every graduate at commencement every new parent in a delivery room every executive on the first day of work it is a guidebook beautiful in its simplicity and backed by hard science for nurturing excellence charles duhigg bestselling author of the power of habit it s so juvenile to throw around hyperbolic terms such as life changing but there s no other way to describe the little book of talent i was avidly trying new things within the first half hour of reading it and haven t stopped since brilliant and yes life changing tom peters co author of in search of excellence

The Wisdom to Know the Difference 2012-02-02 introduces basic concepts about outer space from the sun and the moon to the planets and space exploration

Hitchcock 2015-12-04 in an argument open to all renowned legal scholar sanford levinson takes a novel approach to what is perhaps america s most famous political tract rather than concern himself with the authors as historical figures or how the federalist helps us understand the original intent of the framers of the constitution levinson examines each essay for the political wisdom it can offer us today in eighty five short essays each keyed to a different essay in the federalist he considers such questions as whether present generations can rethink their constitutional arrangements how much effort we should exert to preserve america s traditional culture and whether the federalist s arguments even suggest the desirability of world government

The Little Book of Talent 2012-08-21 in this classic bestselling screenwriting guide now revised and updated author and film consultant viki king helps screenwriters go from blank page to completed manuscript through a series of clever and simple questions ingenious writing exercises and easy effective new skills viki king s inner movie method is a specific step by step process designed to get the story in your heart onto the page this method doesn t just show how to craft a classic three act story but also delves into how to clarify the idea you don t quite have yet how to tell if your idea is really a movie and how to stop getting ready and start once you know what to write the inner movie method will show you how to write it this ultimate scriptwriting survival guide also addresses common issues such as how to pay the rent while paying your dues what to say to your partner when you can t come to bed and how to keep going when you think you can t how to write a movie in 21 days first published in 1987 has been translated in many languages around the world and has become an industry standard guide for filmmakers both in hollywood and internationally for accomplished screenwriters honing their craft as well as those who have never before brought their ideas to paper how to write a movie in 21 days is an indispensable guide and viki king s upbeat friendly style is like having a first rate writing partner every step of the way

Little Kids First Big Book of Space 2012 doing race focuses on race and ethnicity in everyday life what they are how they work and why they matter going to school and work renting an apartment or buying a house watching television voting listening to music reading books and newspapers attending religious services and going to the doctor are all everyday activities that are influenced by assumptions about who counts whom to trust whom to care about whom to include and why race and ethnicity are powerful precisely because they organize modern society and play a large role in fueling violence around the globe doing race is targeted to undergraduates it begins with an introductory essay and includes original essays by well known scholars drawing on the latest science and scholarship the collected essays emphasize that race and ethnicity are not things that people or groups have or are but rather sets of actions that people do doing race provides compelling evidence that we are not yet in a post race world and that race and ethnicity matter for everyone since race and ethnicity are the products of human actions we can do them differently like studying the human genome or the laws of economics understanding race and ethnicity is a necessary part of a twenty first century education

[An Argument Open to All](#) 2015-11-24 a revolutionary new keto diet program from dr michael mosley the 1 new york times bestselling author of the fastdiet recent studies have shown that a keto diet not only produces significant and rapid weight loss but also has many other benefits for long term health but it must be done the right way in 21 day keto magic dr mosley presents the latest science on the ketogenic diet a diet high in fat and protein and very low in carbs explaining how it works and why it is so good for you the aim of a keto regime is to kickstart a process called ketosis whereby your body goes from burning sugar to burning fat for fuel flipping this metabolic switch has the added advantage of making you feel less hungry which makes the diet highly motivating and relatively easy to sustain 21 day keto magic offers a detailed step by step program along with easy tips and clear advice on which foods support ketosis and which ones stop it how to tell if you are producing ketones and how to ensure that you re following the diet safely there are also 50 delicious recipes from michael s wife dr clare bailey as well as shopping lists weekly meal planners and all the other tools you need to ditch stubborn fat and transform your health for life

How to Write a Movie in 21 Days 2015-03-03 the first book to be co written with the language ai gpt 3 exploring selfhood ecology and technology during the first summer of the coronavirus pandemic a diary entry by k allado mcdowell initiates an experimental conversation with the ai language model gpt 3 over the course of a fortnight their exchange rapidly unfolds into a labyrinthine exploration of memory language and cosmology the first book to be co created with the emergent ai pharmako ai takes a hallucinatory journey into selfhood ecology and intelligence via cyberpunk ancestry and biosemiotics through a writing process akin to musical improvisation allado mcdowell and gpt 3 together offer a fractal poetics of ai and a glimpse into the future of literature pharmako ai reimagines cybernetics for a world facing multiple crises with profound implications for how we see ourselves nature and technology in the 21st century

Global Criteria 2018-03 create this book is the ultimate outlet for creativity includes 242 pages of unique and inspiring prompts to get you in the creative zone whether you are trying to get past an artist s block wanting to become more creative or just looking to have some fun you will love this interactive journal want to learn more check out create this book on youtube you can watch

moriah elizabeth s create this book series great for inspiration and guidance on your creative journey go to moriahelizabeth.com for more information

Doing Race 2010

21-Day Keto Magic 2022-04-05

Pharmako-AI 2020-09-28

Create This Book 2015-05-17